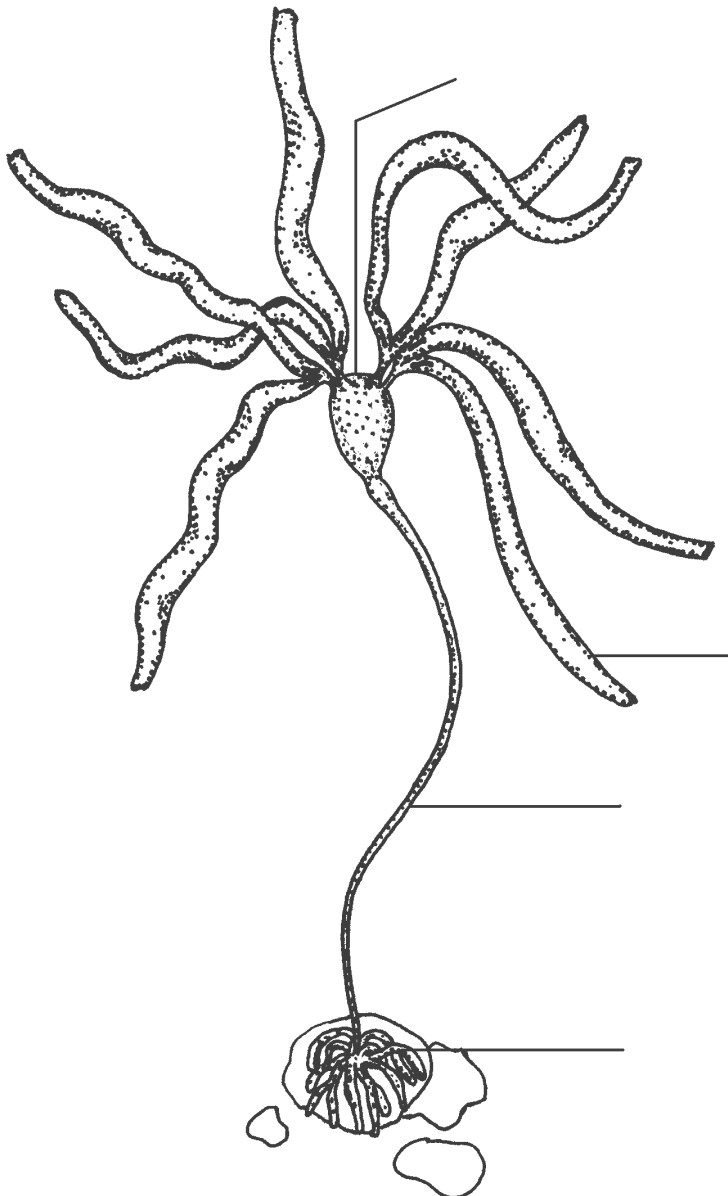
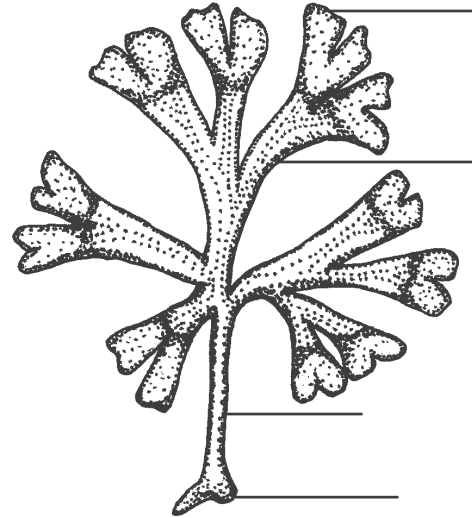


Marine Matters Curriculum 1
Lesson 7 Gifts from the Sea
Worksheet 1 – Seaweed Parts

Label the parts of these seaweeds with the names found in the box below.

Seaweed parts:
STIPE
BLADE
HOLDFAST
AIR BLADDER





Marine Matters Curriculum 1
Lesson 7 Gifts from the Sea

Worksheet 2 – Seaweed Extracts and Other Useful Items

Seaweed extracts are ingredients that come from seaweeds.

Circle the items below that you think contain seaweed extracts.

Put an 'X' over those that you think do not contain seaweed extracts.

chocolate milk

egg nog

ice cream

miso soup

evaporated milk

instant pudding mix

carrots

apples

yogurt

soap

nori (sushi wrap)

hand lotion

toothpaste

laundry detergent

gummy bears

sausages

jam

eggs

pet food

soft drinks

hot cereal

pepper

cream cheese

honey

How can you check to see if these items contain seaweed extracts?

Look on the ingredient list! Seaweed extracts include ingredients like **agar, algin, fucans** and **carrageenan**. As you use or eat different items in your home, look to see if they contain seaweed extracts and add them to the list above.

What else do we use from the sea? Think of things that you use or eat that come from the sea. List or draw these items in the box below.